

Current COVID-19 Protocols at Canterbury



- Residents can enjoy personal outings with minimal restrictions associated with going off-site.
 - Residents returning from personal outings are not required to isolate.
 - Residents returning from a social gathering where COVID-19 exposure may be likely or returning from an absence of 24 hours or more, please advise nursing or reception upon arrival so that rapid testing can be arranged as a precaution. Please exercise additional caution and wear a well fitting KN95 mask when in common areas and do not socialize unmasked for a minimum of 72 hours until after a repeat rapid test has been completed.
 - Residents in the Court, Heights and Lane may dine in the dining room as per usual.
- Residents should maintain precautions that consider their personal risk tolerance level, recognizing Canterbury cannot fully prevent the possibility of community acquired cases or exposure to COVID-19.
- If you have any new onset (or worsening) of the following symptoms, stay in your suite and contact nursing immediately at **780-930-3734**:
 - Fever
 - Cough
 - Shortness of breath
 - Runny nose
 - Sore throat or painful swallowing
 - Chills
 - Nasal congestion
 - Feeling unwell / fatigued
 - Nausea / vomiting / diarrhea
 - Unexplained loss of appetite
 - Loss of sense of taste or smell
 - Muscle / joint aches
 - Headache
 - Conjunctivitis (commonly known as pink eye)
 - Diarrhea and vomiting (gastrointestinal) symptoms

- We ask Manor residents to exercise caution when socializing and to wear a KN95 mask when visiting or attending activities in the Court/Heights and Lane.
- It is optional for Manor residents to wear a procedural mask (blue mask) in common areas. (Keeping in mind your own personal risk assessment, if you have been away from the facility socializing and visiting with loved ones **without your mask**, out of consideration for your fellow co-residents, we ask that you wear a procedural mask when outside of your suite for at least 72 hours.)
- Please consult with Nursing when returning from hospital or another Continuing Care site for isolation requirements.
- Staff continue to complete a health screening questionnaire and provide a negative COVID-19 rapid antigen test prior to the start of their shift, and are continuously masked following the Chief Medical Officer of Health Order for Continuing Care.
- Residents can receive communion as part of worship services.

Visitation:

- Vaccine passports are no longer required; however, visitors will continue to be asked to self rapid test as part of the screening process for the time being.
- Mandatory masking of visitors is required in all common areas but not in resident's suites.
- Exercise caution with children who are in schools or daycare settings, especially if they are not fully vaccinated. Outdoor and/or visits with continuous masking is strongly recommended in these cases.

As always, we are available if you have questions or concerns. Please call or email us on community@canterburyfoundation.com and we will respond to you directly.

Heidi Hadubiak
Chief Operating Officer, Canterbury Foundation

COVID-19 CONTINUING CARE DAILY SYMPTOM CHECKLIST

Residents

Overview

This tool was developed to support continuing care sites and reduce the risk of transmission of COVID-19. Residents are required to complete this checklist daily for 10 days:

- Post-return from an absence of more than 24 hours; or
- Post-exposure if they are a fully immunized¹ close contact² of a case of COVID-19.

Any person who is a confirmed case of COVID-19 must follow isolation requirements as per [current CMOH Order](#). Any person who is a close contact² of a confirmed case of COVID-19 AND who is not fully immunized¹ must quarantine for 10 days, regardless of the presence of any symptoms as per [current CMOH Order](#).

1.	Do you have any new onset (or worsening) of the following symptoms:		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
	• Headache	YES	NO
• Conjunctivitis (commonly known as pink eye)	YES	NO	
<p>If you answered “YES” to any symptom:</p> <ul style="list-style-type: none"> • Stay in your room, notify your operator contact and arrange testing. <p>If you answered “NO” and are:</p> <ul style="list-style-type: none"> • <u>Not</u> fully immunized¹ residents upon return from absence (24 hours or more): <ul style="list-style-type: none"> • Continue to wear a well-fitted surgical/procedure mask while outside your room, except when eating and drinking, for 10 days post-return. • Fully immunized¹ residents upon return from absence (24 hours or more) OR fully immunized¹ close contact² of a case of COVID-19: <ul style="list-style-type: none"> • No additional measures required. 			

¹ A fully immunized person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series or one dose in a one-dose series (e.g. Janssen). If you do not meet this criteria, you are considered NOT fully immunized.

² Close Contact means a person who: without the consistent and appropriate use of personal protective equipment, provides care to, lives with, or has close physical contact with, a person who is a confirmed case of COVID-19; or has come into contact with the infectious body fluids of a person who is a confirmed case of COVID-19.